



# ST. VINCENT'S MELBOURNE

## OUTPATIENT ATTENDANCES RECORD

UR No.: \_\_\_\_\_  
Surname: \_\_\_\_\_  
Given Name: \_\_\_\_\_  
D.O.B.: \_\_\_\_\_  
Please fill in if no Patient Label available

OUTPATIENT ATTENDANCES RECORD - ST. VINCENT'S MELBOURNE

Date

Bedroom

- Minimize carpet
- Vacuum
- soft curtains etc should go.
- blinds.
- Bedsheets - weekly
- Pillow & pillow slip - 2x wklly
- change yearly.
- linen: dust mite liner  
eg. Allergerd.

zyltec  
telart  
claiatone } daily when flared

Bleach bath

white king, bleach

1/4 cup in 1/2 full bath

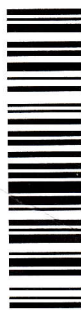
Bath oil too.

5 minutes

Can urine off afterwards.

1-2 x weekly

or flare up!



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Face

Meistunsee

Endel daily then mid

Adiantum 1-2 x daily  
for 5 days

6 of these cycles / month  
at most.



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House dust mite - 30.30 (very allergic)  
Grasses - 6.3 (highly allergic)  
Trees - 0.69 (low allergy)  
Animals - 21.20 (very allergic)

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