

Details of service requested

Main reason for this referral: Diagnostic assessment, CBT

If CBT required, which interventions are required?

Behavioural intervention, Cognitive interventions

Relapse prevention Plan: Attend GP clinic for review / Call clinic and or after-hours service if deteriorating / call or visit psychologist

Emergency care: Call or make appointment with GP / local CAT team / call or visit psychologist

Clinical details

Medications

Valdoxan 25mg Tablet

1 Tablet In the evening

Family History including Mental Illness

Mother:

Not recorded

Father:

Not recorded

Other family members:

Mother

Diabetes

Mother

Hypertension

Medical Conditions

Eczema

Abuse History - Substance /sexual/physical/domestic violence

Nil relevant

Nil relevant

Allergies

Nil known.

Personal history (e.g. childhood, education, relationship history, work history etc)

Alcohol:

Previously light

Smoking:

Smokes 5 cigarettes/day.

Relevant Examination and or investigation