

Mental Status Examination	
<b>Appearance and General Behaviour</b> Withdrawn, Appears depressed, Appears anxious	<b>Mood</b> Depressed
<b>Thinking</b> Normal content	<b>Affect</b> Normal
<b>Perception</b> No abnormalities	<b>Sleep</b> Varying insomnia
<b>Cognition</b> Normal conscious state / alertness	<b>Appetite</b> Decreased
<b>Attention / Concentration</b> Poor	<b>Motivation &amp; Energy</b> Normal
<b>Memory</b> Ok	<b>Judgement</b> Normal
<b>Insight</b> Good	<b>Anxiety Symptoms</b> Intermittent physical symptoms, Cognitive symptoms -- i.e. worrying etc
<b>Orientation</b> Ok	<b>Speech</b> Normal

Risk Assessment			
<b>Suicidal ideation</b>	Yes	Suicidal intent	No
<b>Current plan</b>	Not relevant	Risk to Others	No

Formulation
<b>Alcohol &amp; Drug Use disorder:</b> No <b>Psychotic Disorder:</b> No <b>Depression:</b> Yes <b>Anxiety Disorder:</b> Yes <b>Unexplained Somatic Disorder:</b> No <b>Other / Unknown:</b> No <b>Details of disorder not listed:</b>

Influencing factors
<b>Predisposing / precipitating / perpetuating and or cultural factors?</b> has severe eczema affecting his face and that causing him to be withdrawn <b>Protective factors</b> supporting family <b>Key contact / support person</b>

Care plan access
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